OFFICE OF THE GOVERNOR

Bob RileyGOVERNOR





Bob Riley Governor

Having traveled extensively throughout Alabama I am convinced of two things:

First, Alabama is an amazing state with wonderful people and beautiful landscapes.

The other lesson I have learned is that not even lifelong residents can truly know Alabama without exploring its many diverse regions.

The Passport to Fitness is your visa to do just that. Developed by the Alabama Department of Economic and Community Affairs, this resource serves as your travel guide to scenic walkways, historic sites and varied geography. Along the way, you also will encounter friendly people who love their communities and are eager to welcome visitors.

In the process of exploration, you will be walking your way to fitness and better health.

I congratulate the towns, cities and communities, as well as many groups and individuals who volunteered to be a part of this program. Their enthusiasm says a lot about their pride in the places they call home.

The state Department of Conservation and Natural Resources also has been an eager participant in the Passport program. Conservation employees are justly proud of Alabama's system of state parks and the multitude of trails within them.

I encourage you to strap on your hiking boots or simply slip on your tennis shoes and hit the trails. Take the high roads or the low roads or the ones in between; the choice is yours.

Grab your Passport and discover Alabama the way it was meant to be seen.

Sincerely,

Gov. Bob Riley